

FOR IMMEDIATE RELEASE:

**PARENTING EXPERT DEBORAH GILBOA, M.D. “Doctor G”
TEAMS WITH INTERNATIONAL NANNY ASSOCIATION
FOR INA’S FALL 2013 VIRTUAL LEARNING SERIES**

Wilmington, NC. August 12, 2013 — Parenting Expert, family physician, author and media personality, Deborah Gilboa, M.D., aka “Doctor G,” has teamed with the International Nanny Association to educate parents and childcare professionals on the three “R”s of parenting: Respect, Responsibility and Resilience.

“We live in a busy world. Parents and caregivers rarely get to hit the pause button and learn new skills and information on age appropriate topics. The key to raising kids who can launch successfully, lies in character building,” says Doctor G. “I’ve created the three R’s of parenting: Respect, Responsibility and Resilience, to educate and empower parents and care givers. My goal is to validate the difference that they make in their kids’ lives through intentional parenting. When parents and caregivers are effective, kids get healthier!”

Each of the three 90-minute webinar focuses on a character trait, rational and real life age specific application of the 3R’s. The webinars are being offered for free to INA members and open to the public for a nominal fee. [INA Fall Learning Series Introduction - Doctor G](http://www.youtube.com/watch?v=0ShSWa7WkXM) (<http://www.youtube.com/watch?v=0ShSWa7WkXM>)

Webinar dates and topics:

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| • Part One: Respect | September 15, 2013 | Time: 9pm EST/6pm PST |
| • Part Two: Resilience | October 20, 2013 | Time: 9pm EST/6pm PST |
| • Part Three: Responsibility | November 10, 2013 | Time: 9pm EST/6pm PST |

Doctor G empowers parents to increase their knowledge and activate their existing parenting instincts. Sometimes, these skills get dampened by stress, doubt and guilt with the pace and volume of life’s everyday activities. “We all want to raise kids to be people that we respect and admire,” says Doctor G.

Doctor G is a board certified family physician and author of three “little books,” with her upcoming book to be published in Fall 2014. She offers workshops, seminars, virtual events, and more to meet the needs of parents worldwide who reach out with their parenting concerns and questions. She is the creator and author of www.AskDoctorG.com, an online resource for parents and a regular contributor to [Pittsburgh Today Live](#), [PBS iQ Smartparent](#), and numerous print and on-line publications including Huffington Post and Parents.com. www.AskDoctorG.com

The International Nanny Association (INA) is a nonprofit organization, serving as the umbrella organization for the in-home child care industry. INA members include nannies, nanny employers, nanny agencies, educators and industry service providers. INA leverages the expertise of industry professionals from around the globe to help increase awareness about the industry, to develop the professional skills of nannies, and to educate parents about the benefits of hiring a qualified nanny to care for their children. www.nanny.org

For more information regarding Doctor G contact drg@AskDoctorG.com

For more information regarding the International Nanny Association, contact Becky Kavanagh or Susan Tokayer (above)